



Patient and Family Resources

Chronic Recurrent
Multifocal Osteomyelitis
(CRMO)

For many families, getting a diagnosis of CRMO/CNO can be confusing and often frightening as they search for information. In our efforts to support families, we have gathered resources to educate, empower and connect individuals with the CRMO/CNO community.

Inflammation is a normal process. It is the way our immune system protects our bodies from infections and germs. It results in pain, redness, and swelling. In CRMO/CNO, however, there is no infection. Instead, the immune system wrongly attacks normal bone. This causes inflammation.

CRMOAWARENESS.ORG

CRMOawareness.org is a great place to learn about this disease and how it is diagnosed and treated. This site will have up to date information, patient stories and web links to other resources.



CRMO Facebook Group

Ask questions, hear stories and gather information in a safe and compassionate environment.

CRMO: Chronic Recurrent Multifocal Osteomyelitis
<https://www.facebook.com/groups/CRMOawareness/>

The CRMO Facebook site is a closed group.

To request access:

- Visit the link above
- Click the green button that says “Join Group”
- You’ll be notified when an admin approves your request



Kaila's Komfort

www.kailaskomfort.org

Kaila's Komfort is a 501(c)(3) non-profit organization that was created to provide comfort to children and adults diagnosed with CRMO/CNO, to bring awareness, and to support families affected by this disease. They ship care packages around the world (at no cost) to kids and adults with CRMO/CNO and their families.

